

## WHAT IS THE TRAINING EXPERIENCE LIKE TO BECOME A COLEMAN TRANSITIONS COACH® ?



The Care Transitions Program® is the national leader in promoting patient-centered transitions. The Care Transitions Intervention® (CTI® or Coleman Model®) has a unique focus on coaching patients and family caregivers to promote skill-transfer of self-care skills. Naturally it follows that Transitions Coaches® have the skills to transfer and attending our training is designed to bring out your “inner Coach”.



To get started, your organizational leadership will work with our training team to develop a customized plan to adopt the CTI®. Workflows, targeting, and partner engagement are three of the key strategies.

Our training is highly experiential. Initially you will gain expertise in the content and the processes of the CTI® through a web-based training platform.

Next you will attend a face-to-face training experience that mirrors the key principles of the CTI®. The evidence-based CTI® employs the use of simulation as a means to foster improved self-care management. In this respect the CTI® has also become known as The Skill Transfer Model™. During the face-to-face training you will have an opportunity to develop your new role as Transitions Coach® and practice the art of skill transfer using a case-based approach. Throughout the experience, you will have access to the CTI® expert training team and receive focused feedback and answers to your individual questions.



Once you have your Certificate, you will be invited to the Care Transitions Program® monthly CTI® Learning Community calls. During the peer-to-peer learning exchange, colleagues bring challenging cases, new techniques and best practices, and provide positive reinforcement for the Transitions Coach® role.



After you have had field experience, you may register for the Advanced CTI® training. Advanced CTI® is the next level of training, focused on obtaining higher level coaching skills and incorporating proven techniques for engaging family caregivers.

Trainings for the Core CTI® and Advanced CTI® are led by the expert training team of the Care Transitions Program® who has exclusive authority to provide training.



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