



# 10 FACTS

## Physicians Need to Know About Coaches

1. There is NO cost to you or your patients for coaching.
2. Coaches DO NOT interfere with your patient care.
3. Coaches DO NOT practice clinical medicine or direct patient care.
4. Coaches DO empower patients with their health care.
5. Coaches can assist you and your patients with their Medication Reconciliation.
6. Coaches will be trained professionals.
7. Selected patients will be visited in the hospital by the coach with one follow-up in their home (NOT to give direct care) and several phone contacts over a four week period.
8. Coaches assist patients with transitions across care settings.
9. Coaches will be assigned to patients with high risk for readmissions.
10. To learn more about coaches and their role visit: [www.caretransitions.org](http://www.caretransitions.org).

**Care Transition Coaching™** is a model designed to:

- Transfer skills
- Build patient/caregiver confidence
- Provide tools to support self management.

The goal is to coach patients/caregivers to actively engage in self-management skill development.

**The primary role of the Care Transition Coach<sup>SM</sup>** is to empower the patient/caregiver to:

- Assert a more active role during care transitions and
- Develop lasting self-management skills.

