Physicians Need to Know About Coaches

- **1.** There is NO cost to you or your patients for coaching.
- 2. Coaches DO NOT interfere with your patient care.
- 3. Coaches DO NOT practice clinical medicine or direct patient care.
- 4. Coaches DO empower patients with their health care.
- 5. Coaches can assist you and your patients with their Medication Reconciliation.
- 6. Coaches will be trained professionals.
- 7. Selected patients will be visited in the hospital by the coach with one follow-up in their home (NOT to give direct care) and several phone contacts over a four week period.
- 8. Coaches assist patients with transitions across care settings.
- 9. Coaches will be assigned to patients with high risk for readmissions.
- **10.**To learn more about coaches and their role visit: www.caretransitions.org.

Care Transition Coaching [™] is a model designed to:

- Transfer skills
- Build patient/caregiver confidence
- Provide tools to support self management.

The goal is to coach patients/caregivers to actively engage in self-management skill development.

The primary role of the Care Transition Coach [™] is to empower the patient/caregiver to:

- Assert a more active role during care transitions and
- Develop lasting self-management skills.



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