Name:

Patient Activation Assessment Level of Performance (Please rate: 1 point each)					
Medication Management	Red Flags	Medical Care Follow Up	Personal Health Record (PHR)	Comments	
 Demonstrates effective use of Medication Management System (medication organizer, flow chart, etc.) For each medication, understands the purpose, when and how to take, and possible side effects Demonstrates ability to accurately update medication list Agrees to confirm medication list with 	 Demonstrates understanding of Red Flags, or warning signs that condition may be worsening Reacts appropriately to Red Flags per education given (or understands how to react appropriately) 	 Can schedule and follow through on appointment(s). Writes a list of questions for PCP and/or specialist and brings to appointment 	 Understands the purpose of PHR and the importance of updating PHR Agrees to bring PHR to every health encounter 		
PCP and/or Specialist Sum: /4	Sum: /2	Sum : /2	Sum: /2		
Total Score: /10					